



Phainopepla

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San Fernando Valley Audubon Society
A Chapter of National Audubon Society
For Nature Education and the Conservation of Wildlife

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August / September 2019

Monthly Program

General Membership Meetings

San Fernando Valley Arts & Cultural Center

18312 Oxnard Street, Tarzana
(818) 697-5525

SFVAS General Membership Meetings are held on the fourth Thursday of the month (except July, August, November, and December.)

EVERYONE IS WELCOME to join us at 7:00 p.m. for refreshments; program begins at 7:20 p.m. See Calendar of Events, pages 3–4, for directions.

Welcome New Members!

Join us on a bird walk, attend a General Membership Meeting –open to all–volunteer at one of our many local events, or get involved on one of our committees and make a difference!

Happy Birding!

General Membership Meeting

Where: San Fernando Valley Arts & Cultural Center, 18312 Oxnard Street, Tarzana

Thursday, September 26, 2019, 7:00 p.m.



John McCormack will be presenting at the September 26 SFV Audubon meeting. He is an Associate Professor at Occidental College and also the Director and Curator of the Moore Laboratory of Zoology. The Moore Lab was founded in 1951 by Robert T. Moore and houses the world's largest Mexican bird collection at 65,000 specimens. The Moore Lab is investigating change in Mexico's birdlife between then and now using the specimens in the collection. Prof. McCormack will tie in this research with some colorful local history on the development of ornithology in Los Angeles.

John is an elected member of the American Ornithologist's Union and chair of the Communications Committee for the AOU and Cooper Ornithological Society.

He is also an Associate Editor at the journal *Systematic Biology*. He has been funded by the National Science Foundation, Keck Foundation, and The Fletcher Jones Foundation. He is published in journals including *Science*, *Nature*, and *Systematic Biology*.



Birdathon 2019

This year we had an amazing turnout of participants in our annual Birdathon. Our dedicated walk leaders shared their time and expertise on their walks during our two month event. Some highlights included:

"We missed the Yellow-breasted Chat at Malibu Creek SP and we know was there, but we found two Lawrence's Goldfinches instead! At Crystal Cove SP in OC we found a really weird looking California Thrasher, which was either leucistic or injured. And we found the Reddish Egret at Bolsa Chica, a species that is known to be likely there but we've only seen a few times." –*Muriel Kotin*

"We saw many of the usual locals, at O'Melveny Park, along with a couple of unusual sightings including a Western Wood-Pewee and Black-Chinned Hummingbird. Also, we had a good look at a Blue-Gray Gnatcatcher, which was exceptional for me" –*Barbara Heidemann*

"The event took place as part of our regular third Sunday-of-the-month bird walk at Malibu Creek State Park. We covered the Grassland Trail, as well as Crag's Road to the visitor's center and returned back by way of the creek. High thin morning clouds gave way to sunny skies about 10:00 a.m. Worthy of note: good scope looks at a mated pair of Cooper's Hawks sharing prey at their nest, a strong showing of spring migrants such as Lazuli Buntings, Blue Grosbeaks and Black-headed Grosbeaks singing their hearts out, and a special showing by a Yellow-breasted Chat." – *Dave Barton*

Thank you to Allan and Muriel Kotin, Carolyn Oppenheimer, Jim Moore, The Willis Family, Kathy and Dave Barton, Kris Ohlenkamp, Mark Osokov, Pat Bates, Art Langdon, and Richard Barth. We so appreciate all the donations small and large that were given to the chapter that funds our educational programming. As you know our chapter is dedicated to the education of our youth who are our future stewards of wildlife. Our programming provides students with the educational knowledge and experiences that will shape their thinking about the environment. Please see the list of donors below. Again thank you for all your help. —*Paula Orlovich, President: SFVAS*

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Change to Beginning Birds-and-Nature Walks at the Sepulveda Basin Wildlife Reserve: Now Available for Groups by Reservation Only

To better match community interest, San Fernando Valley Audubon's Birds-and-Nature Walks for families and beginners are changing format. They had been offered on second Saturday mornings October through March, as well as by reservation for groups. They are NOW available ONLY BY RESERVATION for groups. Reservations will be available for flexible days and times, including school mornings, weekend mornings, and after school. For the most part we will avoid scheduling walks in the summer months. Groups should be a minimum of 10–12 people.

Participants will stroll through the lovely Sepulveda Basin Wildlife Reserve with a guide, enjoying its trails and wildlife lake. Many kinds of birds are found there, along with lizards, cottontail rabbits, butterflies, fish and more. Participants will learn about the plants and birds and see them up close and discover why this is such a special place. We have binoculars to loan or you can use your own.

These walks are for groups such as school classes not eligible for our SBEEP program, scouting and other youth groups, community centers, religious centers, environmental groups, and clubs.

For reservations contact Muriel Kotin at (310) 457-5796 or muriel.kotin@sfaudubon.org. For information only, contact Diana Keeney at (818) 998-3216.

Calendar of Events

AUGUST

Sunday, August 4. Sepulveda Basin Bird Walk. 8:00–11:00 a.m. Directions: Exit the San Diego Freeway (I-405) on Burbank Blvd. Go west



about one-half mile to Woodley Avenue and turn right (north). Travel about one-half mile to the second possible right turn (at sign for the Water Reclamation

Plant and Japanese Garden). Turn right and go east about one-half mile to Wildlife Area parking at the end of the road. Leader: Kris Ohlenkamp. Contact him at kris.ohlenkamp@sfsaudubon.org or (805) 727-5007.

Saturday, August 10. Placerita Canyon Nature Center Docents' Bird Walk. 8:00 a.m. Directions: Take the 405 or 5 Freeway north to the 14 Freeway. Exit the 14 at Placerita Canyon. Turn right at the end of the off ramp and continue about 1.5 miles to the park entrance. Turn right and park at the Nature Center. Various leaders. For more information, call the Nature Center at (661) 259-7721.

Sunday, August 11. Wildwood Canyon Bird Walk, Burbank. 9:00–11:00 a.m. Directions: From the I-5/Golden State Fwy. N: Take Exit 146A toward Olive Ave., merge onto E. Angeleno Ave. and turn left onto S. 1st Street, then take the first right onto E. Olive Ave.

From I-5/Golden State Fwy. S: Take EXIT 146A toward Verdugo Ave. Turn left onto S. Front Street, which will become E. Verdugo Ave. Turn left at the first light onto S. 1st Street then take the 3rd right onto E. Olive Ave.

Continue 1.3 miles on E. Olive through downtown Burbank and up the hill. Turn left onto N. Sunset Canyon Dr. Go 0.5 miles and turn right onto E. Harvard. Drive .4 miles skirting the golf course and meet at the entry kiosk area. Extra binoculars are available. Leader: Mike Mc Horney, (818) 845-0166.

Saturday, August 17. Monthly Field Trip: Chilao & Buckhorn. 7:30 a.m. Birding the San Gabriel Mountains along the Angeles Crest. Meet at the Chilao Visitor Center at 7:30 a.m. We will look for Hairy and White-headed Woodpeckers, Mountain Chickadee and many other montane species. Bring lunch and water. Directions: **Please note** some changes in the directions this year due to the temporary closure of a stretch of Angeles Crest Highway. Take the 210 Fwy east to Angeles Crest Highway (Hwy 2) as usual. Go north for about 9 miles and take Angeles Forest Highway left toward Palmdale. Continue through the Hidden Springs tunnel and eventually turn right on Upper Big Tujunga Canyon Road which takes you back to Angeles Crest Highway. Turn left on Angeles Crest and eventually you will see Chilao Campground signs. Take the second entrance road to the Visitor Center. Your vehicle must exhibit a National Forest Adventure Pass or Golden Age Pass. Leader: Richard Barth, (310) 276-0342.

Sunday, August 18. Malibu Creek State Park Bird Walk. 8:00 a.m.



Meet at the second (lower) day-use parking lot. Entrance to the park is on the west side of Las Virgenes Road, just south of Mulholland Hwy. Entrance fee is \$12 per car. Leaders: Kathy Barton (818) 929-2516 and David Barton (310) 990-6896.

NO SFVAS General Membership Meeting in August.

Saturday, August 24. Hansen Dam Bird Walk. 8:00–10:00 a.m. We will walk along a dirt road at the base of the dam—exploring promising sites

along the way and sometimes go in a different direction to the lake. Meet at the lower parking lot, Dronfield Entrance. Directions: Take Osborne exit from Golden State (5) Freeway. Go northeast about two miles passing Glenoaks Blvd. Turn right on Dronfield to enter the park. Turn right at the end of Dronfield and then take a quick left and proceed downhill to the large parking lot. Alternate directions: Exit Osborne from the eastbound Foothill Freeway (210). At the off ramp, turn right onto Foothill. After a short distance, turn left on Osborne and then left on Dronfield. Follow above directions to the lower parking lot. Rain cancels. Leader: Pat Bates (818) 425-0962, pat.bates@sfsaudubon.org.

Saturday, August 31. Young Birders Group Bird Walk: Franklin Canyon Park. 9:00 a.m. 2600 Franklin Canyon Dr., Beverly Hills. The

Young Birders Group walks are for young birders who are serious about birding, know some birds, and are willing to learn. All are welcome to join! Directions: From the San Fernando Valley, take the Ventura Freeway (101) or Ventura Boulevard to Coldwater Canyon Boulevard. Head south to the intersection of Coldwater Canyon and Mulholland



Drive. Make a 90-degree right turn onto Franklin Canon Drive. (This means crossing Mulholland) Road signs read "Road Closed 800 Feet" "Sunset to Sunrise"; this is the park entrance. Meet in the parking lot on the left. Allow some extra time, as Coldwater Canyon can be a slow road. Leader(s) Alexander and/or Emma. For more information on meeting location please e-mail Rose Leibowitz at roselbirds@gmail.com, or call (818) 990-5405.

SEPTEMBER

Sunday, September 1. Sepulveda Basin Bird Walk. 8:00–11:00 a.m.

Directions: Exit the San Diego Freeway (I-405) on Burbank Blvd. Go west about one-half mile to Woodley Avenue and turn right (north). Travel about one-half mile to the second possible right turn (at sign for the Water Reclamation Plant and Japanese Garden). Turn right and go east about one-half mile to Wildlife Area parking at the end of the road. Leader: Kris Ohlenkamp. Contact him at kris.ohlenkamp@sfsaudubon.org or (805) 727-5007.

Sunday, September 8. Wildwood Canyon Bird Walk, Burbank. 9:00–11:00 a.m. Directions: From the I-5/Golden State Fwy. N: Take Exit 146A toward Olive Ave., merge onto E. Angeleno Ave. and turn left onto S. 1st Street, then take the first right onto E. Olive Ave.

From I-5/Golden State Fwy. S: Take EXIT 146A toward Verdugo Ave. Turn left onto S. Front Street, which will become E. Verdugo Ave. Turn left at the first light onto S. 1st Street then take the 3rd right onto E. Olive Ave.

Continue 1.3 miles on E. Olive through downtown Burbank and up the hill. Turn left onto N. Sunset Canyon Dr. Go 0.5 miles and turn right onto E. Harvard. Drive .4 miles skirting the golf course and meet at the entry kiosk area. Extra binoculars are available. Leader: Mike Mc Horney, (818) 845-0166.

Saturday, September 14. Placerita Canyon Nature Center Docents' Bird Walk. 8:00 a.m.

Directions: Take the 405 or 5 Freeway north to the 14 Freeway. Exit the 14 at Placerita Canyon. Turn right at the end of the off ramp and continue about 1.5 miles to the park entrance. Turn right and park at the Nature Center. Various leaders. For more information, call the Nature Center at (661) 259-7721.

Sunday, September 15. Malibu Creek State Park Bird Walk. 8:00 a.m. Meet at the second (lower) day-use parking lot. Entrance to the park is on the west side of Las Virgenes Road, just south of Mulholland Hwy. Entrance fee is \$12 per car. Leaders: Kathy Barton (818) 929-2516 and David Barton (310) 990-6896.

Tuesday, September 17. Weekday Walk at O'Melveny Park, Granada Hills. 9:00—11:00 a.m. RESUMES.

Directions: Take the 118/Ronald Reagan Freeway and exit at Balboa Blvd. Turn north, driving two miles to Sesnon, turn left going west 0.6 miles, turn right at park entrance. Meet in the parking lot. RAIN CANCELS. Contact Carolyn Oppenheimer at (818) 885-7493 (before 7 p.m.), or carolyn.oppenheimer@sfvadubon.org.



Saturday, September 21. Coastal Cleanup Day at the Sepulveda Basin. 9:00—Noon. We will meet at the Amphitheater—come to the Japanese Gardens entrance off Woodley Avenue and follow the Heal the Bay signs. See page 5 for details on registering. For more information, please contact dave.weeshoff@sfvadubon.org or (818) 618-1652.

Saturday, September 21. Monthly Field Trip: Huntington Central Park and Bolsa Chica Ecological Reserve in Huntington Beach, 7:30 a.m. Meet at the Slater Avenue parking lot at 7:30 a.m. Directions from the San Fernando Valley: Take the San Diego Freeway (405) south and exit at Golden West. Go south approximately three miles on Golden West to Slater. Turn left on Slater to the parking lot on the right. Bring lunch. We will picnic at the park and afterwards caravan to Bolsa Chica. Leader: Richard Barth, (310) 276-0342.

Monday, September 23. SFVAS Board Meeting. 7:00 p.m. San Fernando Valley Arts & Cultural Center, 18323 Oxnard St., Tarzana.

Thursday, September 26. SFVAS General Membership Meeting. 7:00 p.m. Speaker: John McCormack. Topic: Change in Mexican birdlife from 1951—Present. For more information, see Monthly Program, page one. **Location:** San Fernando Valley Arts & Cultural Center, 18312 Oxnard Street, Tarzana, CA. (818) 697-5525. **Directions:** Located between White Oak and Reseda Blvd. In order to park, it is recommended

to go on Etiwanda Avenue and turn into the parking area up the alley behind the center. **ALL are welcome!**

Saturday, September 28. SFVAS Hansen Dam Bird Walk. 8:00—10:00 a.m. We will walk along a dirt road at the base of the dam—exploring promising sites along the way and sometimes go in a different direction to the lake. Meet at the lower parking lot, Dronfield Entrance. Directions: Take Osborne exit from Golden State (5) Freeway. Go northeast about two miles passing Glenoaks Blvd. Turn right on Dronfield to enter the park. Turn right at the end of Dronfield and then take a quick left and proceed downhill to the large parking lot. Alternate directions: Exit Osborne from the eastbound Foothill Freeway (210). At the off ramp, turn right onto Foothill. After a short distance, turn left on Osborne and then left on Dronfield. Follow above directions to the lower parking lot. Rain cancels. Leader: Pat Bates (818) 425-0962, pat.bates@sfvadubon.org.



Saturday, September 28. Young Birders Group Bird Walk: Young Birders Group Bird Walk: Sepulveda Basin. 9:00 a.m. Directions: Exit the San Diego Freeway (I-405) on Burbank Blvd. Go west about one-half mile to Woodley Avenue and turn right (north). Travel about one-half mile to the second possible right turn (at sign for the Water Reclamation Plant and Japanese Garden). Turn right and go east about one-half mile to Wildlife Area parking at the end of the road. Leader(s) Alexander and/or Emma. For more information on meeting location please e-mail Rose Leibowitz at roselbirds@gmail.com, or call (818) 990-5405.

Future Field Trips (details later):

October 19. El Dorado Park in Long Beach.

November 16. Ventura Harbor and Water Treatment Ponds. 🐦

Audubon-at-Home by Alan Pollack

E-mail Alan Pollack, our Audubon-at-Home Chair, with any questions you have with regard to creating a wildlife-friendly garden that can be used for publication. Alan offers FREE consultation/landscape design to help you make your yard wildlife friendly. He also gives a FREE, PowerPoint slide show/lecture to community groups, high school, and college classes on attracting wildlife to your garden and sustainable gardening practices. He can be contacted at (818) 340-2347 or at alan.pollack@sfvadubon.org. 🐦

JAZZ AVIARY -by Pat Bates

A great event was held at the SFV Arts & Cultural Center, June 30, 2019, presented by Susan Krebs, to benefit SFVAS. There were at least 70 guests, this was an iconic performance by Susan and our other fabulous local jazz artists.

"A bird does not sing because it has an answer.

It sings because it has a song. (Chinese Proverb)

JAZZ AVIARY is a multimedia concert in celebration of BIRDS –and the *universal music* we share. Conceived and performed by Susan Krebs in collaboration with the Soaring Sextet, some of LA's finest musicians, Musical Direction by Rich Eames, and Visual Projections by Marc Rosenthal. Music, Poetry, Visual Projections, simple Ornithological Facts, and Birdsong are threaded throughout the concert, expressing the wonder and awe that birds arouse as well as raising consciousness and awareness of their beauty and preservation"



Heal the Bay

Over 700,000 people worldwide participated in last year's Coastal Cleanup Day.

Join Heal the Bay and San Fernando Valley Audubon Society on Saturday,

September 21, when more than 10,000 volunteers from all over Southern California will do their part to clean up their local beaches, rivers, creeks and parks.

COASTAL CLEANUP DAY 2019

At the Sepulveda Basin Wildlife Reserve



Saturday, September 21, 2019

9:00 a.m. – Noon

Be a part of this exciting event!

- We will meet at the Amphitheater – come to the Japanese Gardens entrance off Woodley Avenue and follow the Heal the Bay signs.
- Supplies will be provided – gloves, grabbers, bags, drinking water.
- Wear closed toe shoes (for safety); bring a hat and sunscreen.
- Please visit HealTheBay.org/CCD to register for the event and to download the consent form - anyone under the age of 18 must have a parent/guardian sign. We will have copies at the site also. Additional information is available at SFVAudubon.org as well.

For more information, please contact dave.weeshoff@sfaudubon.org or (818) 618-1652.

May and June Field Trip Reports *by Richard Barth*

On May 11 we traveled to Long Beach--to the L.A. River at Willow St, then on to DeForest Park. At Willow we saw most of the species expected there this time of year...Black-necked Stilt, American Avocet, Killdeer, Caspian Tern, Western Gull, California Gull, Black-crowned Night-Heron and Spotted Sandpiper. Also tallied were American White Pelican, Peregrine Falcon, Green Heron, Snowy Egret, Great Egret, Long-billed Dowitcher, Ruddy Duck, Cliff Swallow, Red-winged Blackbird, Common Yellowthroat and (outside the river) Cooper's Hawk and Hooded Oriole. We were hoping to see some special northbound shorebirds like Wilson's Phalarope, but struck out. DeForest Park produced a generous supply of warblers (Yellow, Hermit, Wilson's and Townsend's) plus Warbling Vireo, Black-headed Grosbeak, Western Tanager, Swainson's Thrush, Slate-colored Dark-eyed Junco, Western Wood-Pewee, Western Bluebird, Olive-sided Flycatcher, Ash-throated Flycatcher, Hooded Oriole, Pin-tailed Whydah and a ("bird of the day") Summer Tanager.

We visited Rancho Sierra Vista Preserve near Thousand Oaks on June 8. Clear, mild weather prevailed. Blue Grosbeak, Lazuli Bunting, Willow Flycatcher and Ash-throated Flycatcher were among our notable sightings. We also picked up Cassin's Kingbird, California Quail, Black-chinned Hummingbird, House Wren, Spotted Towhee, Song Sparrow, Cliff Swallow (abundant), Common Yellowthroat, Oak Titmouse, Western Bluebird and a family of Red-tailed Hawks. Orioles were heard but not located. Our most rewarding tally of the day was scored at nearby Rancho Potrero Open Space, where a (target species) Grasshopper Sparrow was seen by four of us after the preserve walk. 🐦

Conservation Corner—*Dave Weeshoff, Conservation Chair*

Just before last November's election I wrote the "Letter to the Editor" below:

"Measure W - The Safe Clean Water Program

Los Angeles County has had a water problem for over a century. Each year there may be too much or not enough rainwater, and an uneven distribution throughout our neighborhoods due to mountains, valleys, etc. We need a consistent, affordable supply of clean and safe water to allow our communities to thrive.

Historically we have depended on water—more than 70%—from outside our region to fill our growing needs. With the increasing state-wide demands of agriculture, thirsty populations in other regions, and the serious threat of climate change droughts, our regional water future is uncertain, at best. We must make better use of the rain and ground water we have. An important solution is Measure W on our November ballot.

Measure W will provide for specific, well-planned projects, appropriate to the various neighborhoods, for increasing stormwater and urban runoff capture and reduce pollution of our local watersheds. This will provide increased water supply and quality, as well as other community investment benefits.

I have been following Los Angeles County watershed issues for a dozen years, participating in public and private meeting and seminars, which included many organizations trying to work out various specific solutions. Measure W will incorporate those ideas and proposals into a prioritized, funded, ongoing set of solutions to address the threats to our water supply and reduce our reliance on external sources of water, the essence of our region's economy. I acknowledge that no one wants additional taxes, but as a 65 year citizen of Los Angeles County concerned with solutions to our water crisis, I know that we must invest in our future now, and locally, to prevent even more serious problems in the future. The solutions are unlikely to come from either Washington or Sacramento. Vote YES on Measure W."

Measure W passed with a 69% YES vote! Thank You!

Last month I attended a meeting of "OurWaterLA", a coalition of non-profit organizations engaged to advise the L.A. County Safe Clean Water Program, administered by the L.A. County Flood Control District (LACFCD), to achieve the mission of Measure W. I advocated to place emphasis on environmental stewardship,

wildlife protections, drought-tolerant native plants, biodiversity, and recreation opportunities.

Come November, when your L.A. County Property Tax bills arrive and you see a parcel tax for the Safe Clean Water Program, please note there are many concerned and committed activists working on your behalf to insist that your tax dollars are well spent though a community-based, transparent process.

As always, please contact me (818) 618-1652 or dave.weeshoff@SFVAudubon.org with questions, comments, criticism or ideas regarding how we can create a better world for birds and the folks who enjoy them.

Frank the Falconer, General Meeting May 23, 2019



Frank Hoffman, Master Falconer, presented to SFVAS about the ancient art of falconry. Frank, who is a full-time employee of LA County Department of Parks and Recreation, somehow makes time to practice the art and mentor others. As he spoke, it became clear that falconry is nearly a full-time occupation in itself, and his wife is also fully involved. A substantial portion of his presentation dealt with all the

rules and regulations that falconers have to meet to be qualified, and clearly the well-being of the birds is the most important factor. Regulations provide for a very precise type of aviary, how the birds are fed and trained, and restrictions on hunting and the keeping of different birds of prey. Frank also emphasized how the hunting process is still very much a part of nature, and is not without hazards for the birds, as other larger birds may hunt the hunting falcon. Frank brought his beautiful owl to the meeting, a very impressive bird with remarkable tolerance of the large crowd who were charmed to see her in person. -by Marianne Davis



Photos by Richard Davis

SAN FERNANDO VALLEY AUDUBON SOCIETY

EXECUTIVE OFFICERS

President:	Paula Orlovich	(818) 481-5605
1 st Vice President:	Teri Carnesciali	(818) 892-5029
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Recording Secretary:	Kathy Barton	(818) 929-2516

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Rob Brown	
Richard Davis	

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Conservation:	Dave Weeshoff	(818) 618-1652
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Finance:	Dave Weeshoff	(818) 618-1652
Youth Activities:	Muriel Kotin	(310) 457-5796


SPECIAL COMMITTEES


Audubon-at-Home:	Alan Pollack	(818) 340-2347
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Birdathon:	Becky Arntzen	(818) 761-6692
Christmas Bird Count:	Jim Moore	(661) 298-1130
Conservation Banquet:	Becky Arntzen	(818) 761-6692
	Paula Orlovich	(818) 728-9838
Education Classroom:	Dave Weeshoff	(818) 618-1652
Education-SBEEP:	Paula Orlovich	(818) 728-9838
Field Trips:	Richard Barth	(310) 276-0342
Hansen Dam Rep:	Dave Weeshoff	(818) 618-1652
Hansen Dam Walks:	Pat Bates	(818) 425-0962
Hospitality:	Teri Carnesciali	(818) 892-5029
Malibu Creek Bird Walk:	Dave Barton	(310) 990-6896
	Kathy Barton	(818) 929-2516
Membership:	Lynn Maddox	(818) 845-4688
O'Melveny Bird Walk:	Carolyn Oppenheimer	(818) 885-7493
OneWaterLA Group Rep.:	Mark Osokow	unpublished
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SSFL Special Representative:	Mark Osokow	unpublished
Web Coordinator:	Jim Houghton	(818) 784-4077
Young Birders Group:	Rose Leibowitz	(818) 579-4976

For Chapter leaders' e-mail addresses, see our website:
www.SFVAudubon.org

Follow us on:

 Instagram @sfvaudubon

 #sfvaudubon



Found an injured animal? Call Wildlife Rescue Center at
 (818) 222-2658

**TO BECOME A MEMBER AND/OR RENEW
 ONLINE GO TO
<https://www.sfvaudubon.org/membership/>.
 It's fast, secure, and saves time and paper!**

Or mail this form and include a check made payable to:
 SFV Audubon Society
 Attn: Membership
 P.O. Box 7769
 Van Nuys, CA 91409

Regular 1-yr Chapter Membership...\$25	\$ _____
1-yr Online Chapter Membership (No paper copy of <i>Phainopepla</i>).....\$20	\$ _____
Student 1-yr Chapter Membership...\$10	\$ _____
Tax Deductible Contribution to SFVAS	\$ _____
Total	\$ _____

New Member ___ Renewal ___ School _____

Name _____

Address _____

City, State, ZIP _____

Phone _____

E-mail (PLEASE INCLUDE):

How did you learn about SFVAS?

The *PHAINOPEPLA*, published six times a year, is the newsletter of the San Fernando Valley Audubon Society, P.O. Box 7769, Van Nuys, CA 91409. San Fernando Valley Audubon Society is a chapter of the National Audubon Society, a non-profit conservation/education organization, and is dedicated to "the conservation of wildlife and natural resources."

Articles, letters, drawings, and photographs concerning conservation, ecology, birding, chapter activities, and articles of interest to the membership are welcome for publication in the *PHAINOPEPLA*.

Material from other newsletters or newspapers should include the source and date. Copy for the *PHAINOPEPLA* should be in the hands of the editor by the 3rd of the month to be included in the following month's newsletter.

Membership to National Audubon is separate and can be initiated on the website www.Audubon.org.

If you have any questions about membership, renewals, change of address or any other membership concerns, please contact Lynn Maddox at (818) 845-4688 or e-mail her at Lynn.Maddox@sfvaudubon.org.

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San Fernando Valley Audubon Society
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Van Nuys, CA 91409-7769

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Chow Mein Noodle Bird's Nest Cookies

Cited from The Spruce Eats (www.thespruceeats.com)

These cookies came across my radar screen at Easter, and I bought the ingredients. Then life got busy and I never got around to it. BUT, SFVAS events are the perfect place to trot them out, and nothing could be easier (no cooking!). And they are kid-friendly, so they can get involved too.

Ingredients: 2 cups semisweet chocolate chips (you can substitute butterscotch if you want), 1 cup peanut butter (any style), 2 cups chow mein noodles, 10 bird egg candies (or peanuts, or jelly beans)

Steps:

- (1) Line a baking sheet with wax paper (I used parchment paper, worked fine).
- (2) Place chocolate chips and peanut butter in a microwave-safe container. Heat on 50% power for 1 minute. Stir and repeat until melted.
- (3) Stir in chow mein noodles until fully coated.
- (4) Drop by tablespoonful onto the baking sheet, poking a hole in the middle for your eggs.
- (5) Place a few of your egg candies (or whatever) in the center of each nest.
- (6) Refrigerate until firm. Store leftovers in an airtight container in the refrigerator, especially in hot weather.

So easy, and they look so realistic! Marianne Davis

